

The Summer Simplicity Reset



*A guide for simplicity seekers ·
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A free guide from Spend With Heart

Make Room for a Lighter Summer

Embrace simplicity to create space for what truly matters this summer

Simplicity isn't about owning less for its own sake; it's about making room for what matters. Summer invites us to lighten our lives—lighter clothes, lighter plans, lighter rooms. **Keep what earns its place** and let the rest go without guilt. Less to manage means more to enjoy, and that's the whole point.





Clear Surface

Keep your counters free of clutter.



Wardrobe Edit

Organize favorite pieces for summer wear.



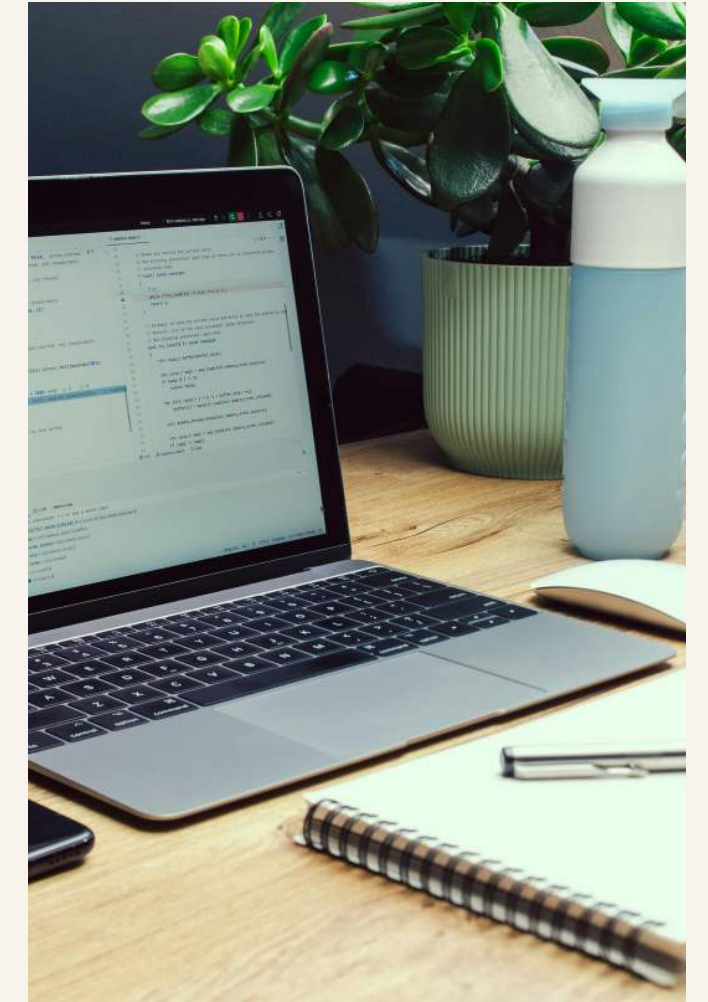
Reset Entryway

Keep essentials you use daily accessible.



Just in Case

Release duplicates and expired items.



Digital Corner

Clear your desktop for better focus.

Simplify Your Spaces: Five Gentle Edits



Open Calendar

Protect space for spontaneity and relaxation.



Summer Capsule

Curate essential pieces for effortless mixing.



Simplified Menu

Enjoy easy meals you genuinely love.



One In, One Out

Let go of one item each time.



Screen-Free Pocket

Dedicate time for quiet reflection daily.

Five Gentle Edits for Summer Simplicity

Start with One Corner



Take the free Mindful Living Style
Quiz at spendwithheart.com

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