

The Summer Comfort Reset



A gentle guide to refreshing one cozy corner
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Embrace Summer Comfort



01 Lighten Your Space

Transition to lighter layers and materials, keeping the softness while letting go of the weight for summer comfort.

02 Engage Every Sense

Incorporate textures, scents, and sounds that enhance your environment, creating an immersive experience that feels refreshing.

03 Make One Corner Sing

Focus on one nook to bring joy and relaxation, transforming it into a cozy retreat that resets the entire space.

Refresh Your Indoor Space

- 01 Clear the surface — clear one spot, wipe it down
- 02 Swap textures — linen, light cotton, waffle weave
- 03 Invite the light — open curtains or sheer layers
- 04 Add one living thing — a plant or bowl of lemons
- 05 Layer a gentle scent — a candle or cut herbs



Reset Your Outdoor Space

- 01 Find your shade — a porch, balcony, or tree
- 02 Soften the seating — a cushion, throw, or pillow
- 03 Ground the space — a small rug or a simple tray
- 04 Cooling comfort — water, a fan, or fresh fruit
- 05 Set the evening mood — string lights or a lantern





Sink in, and stay a while

Your reset is done

It was never about perfection — just comfort, restored. Come back to it on warm mornings and slow evenings.

Find your comfort style

Take the free Mindful Living Style Quiz at spendwithheart.com

Before you go

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